Apical transportation

Microsurgical handling of a procedural error during apical mechanical preparation

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Endodontics is the dental specialty that is concerned with treating or preventing pulpitis and apical periodontitis. The main objectives of endodontic treatment are to clean and disinfect the entire length of the root canal system up to a healthy level. When, through meticulous treatment, such objectives are achieved, success rates can exceed 94 per cent. In pursuit of such results, during endodontic therapy, mechanical preparation is carried out with endodontic instruments and chemical preparation with irrigating solutions.

After cleaning and shaping, endodontic filling must be performed to fill three-dimensionally and seal the endodontic space in order to prevent bacterial recontamination, maintaining the sanitation conditions achieved through the previous steps. The mechanical preparation of the root canal system is of utmost importance in the process of establishing endodontic sanitation. It is responsible for physically removing the infected dentine and, consequently, bacteria located within the dentinal tubules. In addition, it increases the diameter and shapes the main canals, facilitating flow of larger volumes of irrigating solutions to the apical third. It also creates a favourable conical shape for endodontic filling. Therefore, it directly influences the quality of the disinfection process and, consequently, the prognosis of the case.

Procedural errors during mechanical preparation may make it impossible to achieve the required disinfection levels. Yousuf et al. evaluated 1,748 endodontically treated teeth using digital radiography and found procedural errors in 32.8 per cent (574 teeth) of them. Transportation of the apical foramen may not only impair disinfection and proper filling. Thus, these steps should be performed as well as possible and be followed by an apical microsurgery to remove the untreated apical region.

Insufficient cleaning of canals, especially the apical third, predisposes treatment to endodontic failure. Transportation of the foramen may not only impair disinfection of the canal system by disabling access to its original trajectory, but also irritate the periapex by extruding bacteria and their by-products and derail the ideal apical adjustment of a gutta-percha cone. These technical hindrances due to operational error in the preparation phase can negatively influence apical sealing and communication with the periapical space exists. Type III represents a severe movement of the physiological position of the foramen and the canal, resulting in a significant iatrogenic relocation.

Clinical case

A 55-year-old female patient (American Society of Anesthesiologists Physical Status Class I) visited the dental office complaining about spontaneous, constant pain, exacerbated during mastication and apical palpation in the region of teeth #11 and #13, which had been treated endodontically over the course of the last three months. The patient reported that she did not feel pain before the initial endodontic treatment began. After...
the first endodontic session, during which teeth #13 and #11 were treated at the same time, the pain began and had worsened after the third day. On the fourth day, the patient had to receive intravenous dipyrone and ketoprofen to control the pain. Concurrent with the systemic medication, an occlusal adjustment was performed. After two days, the pain returned and the patient went to another dentist, who administered sodium dipyrone 500mg/ml every four hours and nimesulide 100mg every 12 hours orally for seven days. The pain decreased, but did not cease.

Two days after systemic medication ended, the patient again felt pain. She went to a third dental professional, who initiated endodontic retreatment of teeth #11 and #13. However, the therapy performed was not able to control the pain effectively. After four days, the patient also began showing febrile conditions. It was reported that, in none of the endodontic procedures performed, was absolute sealing achieved.

Clinical examination established endodontic access at teeth #13 and #11. Inadequate geometric configuration of endodontic access already suggested problems in chemical-mechanical preparation of the root canal system (Figs. 1 & 2). Endodontic therapy was begun in teeth #13 and #11, and transportation of the foramen Type III was radiographically observed. On tooth #12, there was a full crown, a metallic intra-radicular retainer and signs of a poor endodontic treatment (Fig. 3). On the CT scan, it was possible to visualise the transportation of the foramina of the two teeth (Figs. 4 & 5).

Owing to the severe apical deviation of teeth #11 and #13, the recommended treatment was endodontic retreatment, complemented by an apical microsurgery. Treatment of tooth #12 was also needed through cleaning, shaping and disinfection of the canal system with consequent endodontic filling. However, as the prosthetic crown of this tooth was adapted and microsurgery was already planned for the neighbouring teeth, the decision was to perform a retrograde endodontic treatment.

Treatment was initiated with the endodontic retreatment of tooth #11, followed by that of tooth #13. The canals were irrigated with 2.5% sodium hypochlorite, followed by 17% EDTA, both with passive ultrasonic irrigation and prepared with RECIPROC 50 (VDW). Using an operating microscope and periapical radiographs, it was possible to visualise the apical deviation of tooth #11, however, it was not possible to follow the original trajectory (Figs. 6 & 7). The same occurred with tooth #13. Owing to the great irregularity of the walls of the canals after transportation of the foramina, it was not possible to perform the proper locking of a gutta-percha cone. For this reason, the decision was to perform an apical cap of 4mm with MTA Repair HP cement (Angelus, Fig. 8). The filling of the rest of the canals was performed using thermo-plasticised gutta-percha with MTA Fillapex cement (Angelus). MTA Fillapex contains particles of MTA in its composition.

After the end of this stage, the patient underwent apical microsurgery, during which the apical area corresponding to the apical istrogenic region was removed with a piezoelectric instrument and a W1 tip (CVDentus). On tooth #12, a piezoelectric apicectomy was performed, and the canal was retro-prepared to the depth corresponding to the apex of the molten metal core present. After drying the canal with a surgical suction pump coupled to a vacuum pump, the procedure continued with retrofilling using MTA Repair HP (Figs. 9–11).

MTA has been the material of choice for sealing perforations, retrograde preparations and apices with irregular, not circular, morphology due to root resorption or incorrect apical preparation. Its superior features of marginal adaptation, biocompatibility, sealing ability in wet environments, induction and conduction of hard-tissue formation, and cementogenesis with consequent formation of normal periodontal attachment or incorrect apical preparation, morphology due to root resorption or incorrect apical preparation, is due to a change in the particle size of the MTA powder and the addition of a plasticiser to the liquid.

Five months after microsurgery, the patient returned for clinical and radiographic control. Clinically, she did not complain about pain or discomfort. Radiographically, a rapid repair of the periradix of the three teeth involved was observed (Fig. 12).

Conclusion
The chemical-mechanical preparation phase of the root canal system is of utmost importance for the success of endodontic therapy. Operational errors at this stage, including transportation of the foramina, can dramatically compromise the prognosis of a case. Therefore, it is extremely important to prevent these. Depending on the severity of the error, however, it can be repaired. Post-operative clinical and radiographic control showed that microsurgical supplementation can be a safe and predictable clinical option.

Editorial note: A list of references is available from the publisher.

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